

Children's School Year Class Descriptions

Mini Movers

These classes do not participate in recital.

Mini Movers - Tots On The Go Age 2

(45 min.) 10 Week Session

Adult accompaniment is required.

The one and only, original and very popular neighborhood class for Tots. Our youngest student enjoys a class filled with movement, activities and fun. Includes: marching - tippy toe walks - gallops skipping, song & dance routines and pre-tumbling. A nurturing class filled with positive energy!













Mini Movers - Rhythm & Motion Age 3

(45 min.) 10 Week Session

Includes dance, creative movement and pre tumbling. Students have great fun dancing, rolling and creating their own moves! Drop off class - we work with a gentle and supportive touch to build confidence with this new world of separation.









Performance Classes 18 Week Semester

18 Week Semester These classes do participate in recital.

Pre K Creative Dance Age 4

(45 min.) *18 week semester* Pure joy of movement. Ballet basics mixes with a pocket full of endless creative dance ideas. Dance takes shape for these young students.









Kindergarten & First Grade Ballet/Jazz/Tap Combo

Age 5 to 6 (1 hr.) 18 week semester













TapAges 6 & up(1 hr.) 18 week semester

From beginner through advanced, technique and the vocabulary of tap is emphasized. Music pulled from swing, big ban rock, jazz and musical theatre standards accompany our traditional/classic and theatre dance styles of tap.











Hip Hop Street Jazz Ages 6 and up (1 hr.) *18 week semester* This high energy fusion class provides a variety of choreography styles for students. A popular urban youth dance culture accompanied by current music favorites.













Acro Jazz

For the dancer who is also an acrobatic fanatic! (1 hr.) *18 week semester*

Level I (beg.) ages 6 to 8

Level II (adv.beg.) ages 6 to 8 Required acro skills: rolls, cartwheel, standing bridge, handstands

Level III (int.) ages 9 to 11 Required acro skills: all of above plus round off, walk overs

Level IV (adv.) ages 10 + Required acro skills: all of above plus should be working on or accomplished front and back handsprings





Musical Theatre

The Triple Threat Class (1 hr.) *18 week semester*

SING, DANCE & ACT!!!

From the classroom to the stage creating the total performance for the musical theatre student. Class format includes: vocal instruction and choreography for classic musical theatre stage productions, stage direction, scene study, prop work improvisation and monologues.













Modern

beg. / adv beg. Ages 8 to 10 intermediate / advanced 11 + 18 week semester

With an understanding and focus on alignment while moving, this class begins with a traditionally structured warm up set to a variety of pop, classical and indie music. The class is packed with challenging phrases that emphasize rhythmic dynamics inspired by the release technique, Horton and Graham principles. Dancers are challenged to move "bigger" and more grounded. This class is for dancers with a strong movement background.







Ballet

Ages 6 + 18 week semester

This established ballet program continues to bring technique, musicality, classical dance discipline and the beauty of ballet to our students.



Note: All of the following classes perform together in our annual recital ballet suite. Additional rehearsals are required and scheduled separate from class time.

Ballet I, II, III - 1 hour class meeting one time per week

Intermediate - 1 hour class meeting two times per week

Advanced - 1 hr. 15 min. class meeting two times per week

Pointe - 1 hour class meeting 1 time per week with required enrollment in Advanced Tech. classes



Ballet I First full year of ballet - beg. Ages 6 to 8 Full Introduction to ballet technique.







Ballet II & III Second & third year ballet students - adv. beg. Ages 7 to 9



Intermediate Ballet

Ages 9 & up (1 hr.) Enrollment is by invitation or audition.

Required enrollment in 2 classes per week technique classes





Advanced Ballet

Ages 11 & up (1 hr. 15 min.) Enrollment is by invitation or audition.

Required enrollment in 2 classes per week technique classes











Pointe

Age 12+ (1 hr.) Enrollment is by invitation or audition. Required enrollment in the Advanced Ballet technique 2 classes per week



